

# CREATING A CULTURE OF COMPASSION

Friday, April 10, 2009 Conference

9:00 AM ~ 4:30 PM

Registration 8:30 AM

The connection between a caregiver and patient provides a unique opportunity to create space for transformation and healing. It is the heartfelt moment that actually can be a critical turning point in the lives of both caregiver and the patient.

Care providers who learn more about the spiritual and emotional lives of their patients find they are able to provide more personalized care while, at the same time, nurturing their own spiritual awareness and growth.

- Dr. Christina Puchalski engages one of life's big questions by addressing the important and often neglected domain of spirituality in medical care. Unite with other professionals to stimulate significant changes in the way healthcare professionals relate to their patients, thus improving the quality of healthcare. Learn from Dr. Puchalski how she "Creates a Culture of Compassion" in the care of her patients.
- "The Practice of Compassion" ~ How does one translate the concept into words and actions? How does it nourish the caregiver as well as the patient? A panel of professionals and the audience is invited to explore these issues and others. Panel Members: N. Lee Smith, M.D., Kit Jackson, RN, Michelle Butz, Chaplain, Matt Stella, LCSW, Nolan Oliver, CNA.
- Recent scientific evidence suggests that through meditation we are able to transform the mind and enhance well-being. "The Neurobiology of Meditation and Spiritual Experience" presented by N. Lee Smith, M.D. and Reverend Kelly Soon Fogarty will provide a compilation and exploration of these findings. Reverend Fogarty will provide simple tools for meditation and lead participants in a meditative experience.

## Location: Salt Lake City Library

210 E. 400 S., Salt Lake City, UT

Pre-registration: \$135.00

On Site Registration: \$160.00

Lunch will be provided

Discount parking vouchers available at registration



## Christina Puchalski, M.D.

Dr. Christina Puchalski is known globally as a leader in the field of spirituality and health. She is the recognized pioneer in "Creating a Culture of Compassion" within healthcare through her focus on enhancing physician communication skills and integrating a patient's spirituality, values and beliefs into their medical care. Her curriculum has received honors and has been the model for innovative curricula throughout health-care. Through her efforts, 75% of medical schools now teach courses in spirituality and health.

### Associate Professor of Medicine and Healthcare Sciences-

George Washington University School of Medicine, Washington, D.C.

**Founder and Director-** The George Washington Institute for Spirituality and Health ([www.gwish.org](http://www.gwish.org))

### Clinical practice in internal medicine and geriatrics-

George Washington University Medical Center

**Author and Editor-** *"Time for Listening and Caring: Spirituality and the Care of the Seriously Ill and Dying"* (Forward written by His Holiness, The Dalai Lama), The Washington Post, The Washington Times, The New York Times

**Guest Appearances-** Good Morning America, ABC World News Tonight, NBC Nightly News, CNN

**Recipient-** AAMC and Pfizer's Award for the Medical Humanities Initiative and the Healthcare Foundation of the New Jersey's Faculty Humanism in Medicine Award

All proceeds from the conference will be used for patient care and education through Hospice for Utah Foundation and the Institute for Spirituality and Healing In Medicine.

## Registration

Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Pre-registration: \$135.00

Check Enclosed Make Checks to: The SHIM Institute

Credit card option:

Name (as it appears on the card): \_\_\_\_\_

Mailing address: \_\_\_\_\_  
(if different from above:)

Card Type:  Mastercard  Visa  Amex

Card number:

□□□□□□□□□□□□□□□□

Security Code: □□□□

Expiration date: \_\_\_\_/\_\_\_\_

Please detach and mail to:

The Institute for Spirituality and Healing In Medicine

P.O. Box 572526

SLC, UT 84157-2526

TO REGISTER ONLINE PLEASE VISIT:

[www.hospice4utah.com](http://www.hospice4utah.com)

Group rates available for five or more - Call Wendy

WENDY ANDERSON : (801) 571-2111

CEU's Pending

**This conference will provide you with specific techniques to:**

- Identify and support the physical, emotional, social and spiritual needs of your patients
- Understand the importance of nurturing one's own spiritual awareness and growth
- Provide a compassionate presence to the 'whole person'
- Support patients in their exploration of deep personal and spiritual questions
- Form collaborative partnerships with clergy, physicians, nurses, social workers and other care providers to create a 'patient-centered' culture

SPONSORS



\*We would like to express our appreciation to Cecily Anderson for providing the graphic arts template for this brochure

**The Institute for Spirituality and Healing in Medicine**  
**P.O. Box 572526**  
**Salt Lake City, UT 84157-2526**



2nd Annual  
**renewing**  
 the spirit  
 of professional  
**caregiving**

**Educational Conference**  
**Friday, April 10, 2009**

NONPROFITORG  
 U.S. POSTAGE PAID  
 SALT LAKE CITY, UT  
 PERMIT 532